



NEWCOMER DOCUMENTATION

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Dear Helshoogter

Congratulations on your placement in Helshoogte. We look forward to welcoming you. This letter serves as a summary and stipulates what you need to bring along.

Important dates:

- 26 January: Helshoogte SOAR Students Move in where applicable
- 26 January: Helshoogte Law Students Move in 14:00 – 16:00
- 27 January: Helshoogte Official move-in day 08:00 – 12:30
- 27 January: Helshoogte Meet & Greet 17:00-18:00 @ Helshoogte
- 27 January: First Years Program begins 18:30
- 27 January – 8 February: First year welcoming programme, registration and orientation.
- 28 January: Official Welcoming to SU by the Rector (afternoon)
- 9 February: Classes start

Move-in outside of above-mentioned times: Please arrange with one of the welcoming leaders before 26 January 2026.

Welcoming:

As a first year you can look forward to welcoming. If possible, could you please bring the following along on check-in. It is very important for the planning and execution of the program.

Items for Welcoming

- **Plain Navy-Blue T-Shirt** with no logos on it. This shirt will become your Helshoogte Shirt, so choose wisely. It need not be expensive; we recommend a plain cotton Navy-Blue crew neck.
- **White T-shirt** and **Black Shorts/Pants**. These items will be used for your Connect performance, as stated above they do not need to be expensive, ideally, they should both be made from a light and breathable material.
- Semi-formal shirt and chino / shorts (semi-formal cultural wear also welcome)
- A hat and sunscreen
- Water bottle
- Comfortable clothes
- Trainer/takkies shoes and comfy flip flops
- Optional: Donate a second-hand book (Fiction, non-fiction or cookery) for our communal library.

Parking/Vehicles:

Please see the attached notice from the University regarding parking. Parking on campus is extremely limited.

Registration:

- Exemplar of your admissions letter for registration & matric certificate
- Copy of ID document

Rooms:

Helshoogte's rooms are equipped with a built-in desk, chair, bed, mattress (no bedding/sheet/duvet), block-out curtains, cupboards, shelves and a mirror. Any other necessities need to be brought along.

The following is optional, but is recommended:

- Toiletries
- Tea/Coffee and sugar
- Cups and tea spoons, water glass
- **Lock** for your door
- Fan and/or heater (bar-heaters are **not** allowed)
- Bedding/Duvet/Sheet
- Small/BAR-Fridge
 - Potentially wait first to see if your roommate has one
 - Dimensions: Height = 850mm max (fits in cupboard so no big fridges)

NO Other appliances allowed in your room, e.g. No Kettles, No heaters, No Frying pans/Grillers.

See addendum A Below to get an idea of the room layout.

Room Placements

Please remember to complete the questionnaire available at <https://blogs.sun.ac.za/helshoogte/welcome/> (Step 1 - First Years CV). Your answers given in this questionnaire are used to determine room placements. Room placements will only be communicated on move-in day.

For any further information feel free to contact:

- Bradley du Toit (Welcoming Leader): +27 81 230 1084
- James Wiggill (Welcoming Leader) +27 81 210 7950
- George Maraba (Welcoming Leader) +27 84 924 7682

Resident Head / Warden Enquiries:

Luke Cuff at luke@sun.ac.za or 021 808 2440 / 9792

Helshoogte wishes you a well over the festive season and a prosperous New Year.

Dis al.

LETTER FROM THE WELCOMING LEADERS

Dear Helshoogte Newcomer,

Congratulations on your placement in Helshoogte Men's Residence!

It is an amazing privilege to be able to address you as part of our Newcomers' group for 2026. Your provisional-admission to Stellenbosch University and Helshoogte symbolizes the beginning of a new phase in your life, and you can definitely be proud about it. Make the most out of each opportunity that is presented to you in these coming years to turn into the best version of yourself.

At Helshoogte, we aim to create a warm and inclusive community where everyone feels a sense of belonging. The foundation for this aim is our house values (Brotherhood, Respect, Excellence and Pride), known as the BRUT values, after the Afrikaans acronym for the words.

To help you settle in and facilitate your preparation for the year ahead, we have created a welcoming program that aims to acclimatize you to this new and exciting chapter of your life. As your welcoming leaders, we have worked tirelessly towards building a program that introduces you to our house and its three pillars (Sports and Culture, Academics and Socials) as well as the greater campus community.

We as the welcoming leaders are beyond excited to welcome you to your new home. We hope that in due course you will look fondly at the memories you made with your fellow newcomers and soon-to-be brothers. The welcoming period is just the beginning of your journey with us, and we as your welcoming leaders are here to support you every step of the way.

Sinyuka Sonke – rising together, we all go up.

Dis al. 🐓

Kind Regards

The Welcoming Leaders

Bradley du Toit

Email: 28178459@sun.ac.za

Cellphone Number: +27 81 230 1084

James Wiggill

Email: 27932001@sun.ac.za

Cellphone Number: +27 81 210 7950

George Maraba

Email: 27304876@sun.ac.za

Cellphone Number: +27 84 924 7682

A MESSAGE FROM THE RESIDENT HEAD

Dear Hellies Newcomer

It is truly my pleasure to welcome you to Matieland and Helshoogte! Hopefully the stress of the matric exam is long forgotten, and this letter finds you in your best holiday spirit. Myself and the rest of the Helshoogte community are keen to meet you and stand ready to welcome you as a resident in 2026.

The purpose of the welcoming programme is to ensure that you adjust personally, academically and socially to your new environment. As a newcomer I will depend on you to ensure that our residence values: Brotherhood, Respect, Excellence and Pride are brought to the fore in all of your endeavors. Remember, when we work with the values we try to keep them in unison in all that we do, and not to just favour one. Of course you have your own personal values that you live by, and we trust you will find a way to reconcile the two sets of values in harmony with each-other.



It is quite natural to feel a bit anxious and the Leadership (HK & Mentors) are there to help you with any concerns or questions you might have. Please do not hesitate to call on them or the House Committee (HK) for assistance. My home is at residence, that said - you are free to contact me to arrange a coffee or chat.

Due to limitation of available parking on campus we would like to urgently request that newcomers do not come with their own cars. Instead, we recommend that you join in with the Matie bicycle culture by using a bicycle as your preferred method of transport. This will keep you fit and frustration free.

Please make sure that you complete the Helshoogte online questionnaire. This is available at <https://blogs.sun.ac.za/helshoogte/welcome/>.

Enjoy the holidays.

Kind Regards

Mr Luke Cuff

Resident Head

Contact Details:

Telephone (Home): 021 808 2440

Telephone (Work): 021 808 9792

E-mail: luke@sun.ac.za

MESSAGE FROM THE PRIMARIUS

Dear Helshoogte Newcomer,

I would like to take this opportunity to congratulate you on your placement into Helshoogte Men's Residence. Your placement into Helshoogte is no mistake; it marks the culmination of years of hard work and consistent effort. So, if you're reading this, I encourage you to take a moment; you have done well. And while, if you're reading this as a matriculant awaiting results, or are already in possession of your results and have been for a while, there is one thing that rings true for both groups, and that is you are on the precipice of a new chapter. A chapter that will stand you in good stead for whatever lies ahead of you aboard the Sky-carriage called life. You will soon find in your own time that Helshoogte and the broader SU community will be there to support you on your journey. The journey doesn't promise to be without turbulence, but like most voyages, the difficult times will not be forever, and you will have your fellow Helshoogters on the journey to support you in reaching your desired destination.

Helshoogte Men's Residence, nestled in the heart of Stellenbosch, boasting the highest views the eye can see insofar as the Municipality of Stellenbosch is concerned, is a home away from home to many, but more than that, it is a community that focuses on the intentional building up of individuals, where you enter our doors potentially unsure of the journey ahead but leave here with the purpose of equipping you with the tools to be a meaningful contributor to South Africa and the globe at large.

This year marks a poignant and exciting year for our residence as we introduce Vision 2035, a guiding light that you will soon become acquainted with—for now, yours is to get keen and stay curious for what lies ahead. Our Welcoming leaders, Head Mentor, and Strategic Advisor have been hard at work in intentionally curating the welcoming programme to ensure that your assimilation into both Helshoogte and Stellenbosch University is one that is memorable.

Helshoogte quickly became my home away from home. The man I was when I first walked into this building is not the man I am now—and that is because communities like ours shape you. The friendships, morning coffees on the deck, House Dances, and exam cake in the section are just a few moments that capture the Helshoogte experience. I believe deeply in intentionality, and I encourage you to approach this chapter with purpose and an open mind. It will challenge you, but it will be worth it.

I wish you and your family and friends an enjoyable festive season. I look forward to meeting you in the new year.

Rising Together - Styg Saam - Sinyuka Sonke

Yours Faithfully,

Thando Tshabalala
Email: 27017850@sun.ac.za
Cell: 063 905 1936

Dis al. 🐔

LETTER FROM THE HEAD MENTOR

Dear Helshoogter,

Congratulations on your acceptance into one of the continent's top universities and on joining the Helshoogte community! This is a well-deserved achievement that reflects the dedication and hard work you've invested in achieving this goal. I hope you seize this opportunity and make the most of everything it has to offer in the years to come.

My team of 17 mentors and I are here to support you as you transition into university life. I know this new chapter may feel uncertain, but I want to assure you that we're committed to helping you feel at home within these walls and finding your place on campus. This is where lifelong friendships are forged and memories are created that will last for years to come.

Central to our role is the University's Wellness Program, which guides our mentoring approach. We focus on supporting your growth across six key areas: emotional, intellectual, occupational, physical, spiritual, and social well-being. Our goal is to equip you with the tools and community you need to thrive in all aspects of life. I'm confident that by the end of your first term, you'll notice meaningful growth, whether big or small.

Your mentor is a senior resident who has walked these same halls before you. They understand what you're going through because they've lived it. They've faced challenges, celebrated triumphs, and are committed to guiding you forward. You'll be part of a cohort of other newcomers on your floor, all of whom will have access to your mentor whenever you need support, whether that's practical help like loading printing quota, booking meals, or meaningful guidance on coursework and life decisions. The bonds you build here are ones you'll carry far beyond your time at University.

As you prepare for what promises to be transformative years, I encourage you to hold onto the passion and work ethic that brought you here. Remember what drives you and why you're doing this. That clarity in your vision will carry you through. You've already proven you belong here.

Please don't hesitate to reach out if you have any questions or concerns. I'm always available to help!

I look forward to welcoming you to Helshoogte and seeing you thrive within our community.

Dis al.

Adrian Groch

Head Mentor

Contact details:

Email: 27520714@sun.ac.za

Cell: + 27 60 996 9342

University of Stellenbosch
MERRIMAN AVENUE
STELLENBOSCH
MATIELAND
7600

www.helshoogte.com

DATE 03 December 2025
INVOICE # 00700
CUSTOMER ID HK2026
DUE DATE 16 January 2026
VAT NUMBER: 4920118959

BILL TO

New Helshoogter
Helshoogte
Stellenbosch 7600
VAT NUMBER: N/A

DESCRIPTION	TAXABLE	AMOUNT
HELSHOOGTE NEWCOMER MERCH PACK	R	940,00

Pay method 1 - Snapscan QR Code



Subtotal	R	940,00
Taxable (VAT)	R	-
Tax rate		15%
VAT due	R	-
Adjustment		
TOTAL	R	940,00

Reference: HK043/"Surname of student"

Pay method 2 - Secure online payment or Instant EFT

Reference: HK043/NC_Name+Surname

Click on the following link to be taken to our payment alternatives portal

<https://pos.snapscan.io/qr/SUHELSHOOGTECLOTHING>

Available options:

- Credit or Debit Card secure online payment (Visa / MasterCard / Diners Club)
- Instant EFT (All major SA Banks)

SEND PROOF OF PAYMENT TO 27942686@sun.ac.za
If you have any questions about this invoice, please contact
Michael Mulcahy - Treasurer - +27 615006453 - 27942686@sun.ac.za

HELSHOOGTE NEWCOMERS WHATSAPP GROUP & SOCIALS

Stay in the loop with the newest info!

Got a question?

Meet the other Helshoogte Newcomers!

Click here or scan the QR codes to join the WhatsApp groups

[Helshoogte Newcomers Formal](#)



[Helshoogte Newcomers Informal \(Q&As\)](#)



Be sure to also follow our social media channels



@helshoogte1973



helshoogte



APPENDIX A HELSHOOGTE SELECTED GALLERY





Helshoogte Dining Hall



Laundry (Works with quota loaded on your card from student account)



Archive Board Room and Computer room

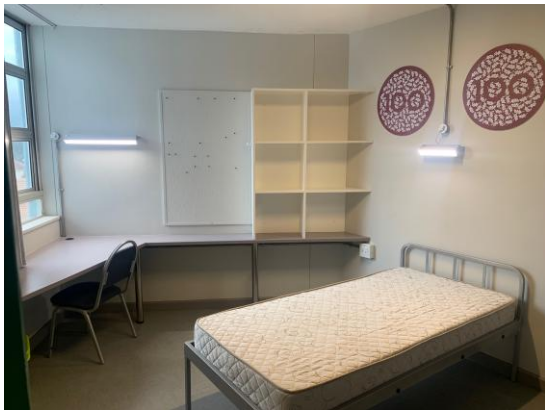




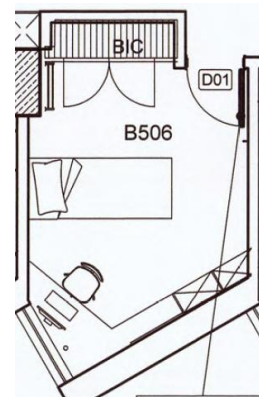
Showers



Wash Trough and Basins



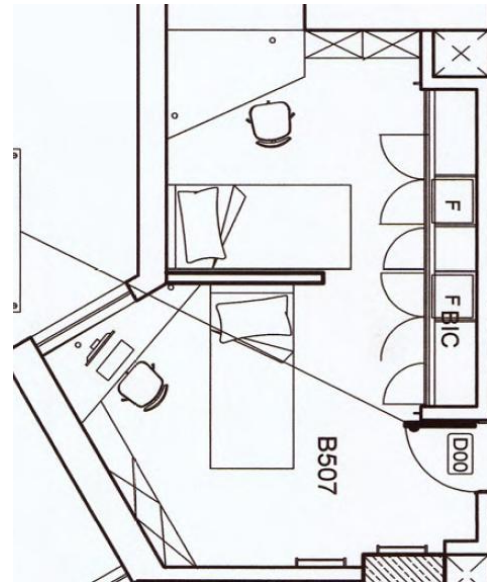
Single Room



Single Room Layout



Double room with Partition



Double Room Layout



Wardrobe / Cupboard Detail – Double Room



Gymnasium



**Kitchenette and Lounge area per section
(with Hydroboil)**



The Tokkie – Grass area for recreation



View looking towards Helshoogte



Sunsets looking out from Helshoogte

CLUSTER NEWCOMERS

ATHLETICS DAY

COETZENBURG ATHLETICS
STADIUM

5 FEBRUARY 2026 17:30 - 20:30



PRESENTED BY THE CENTRE FOR
STUDENT LIFE AND LEARNING AND
MATIES SPORT



What is a Cluster?

A cluster is a larger student community made up of various residences and CSCs that are geographically close to one another. The concept of cluster was introduced in 2007 as a way to connect and involve commuter student community (CSC) students with the activities and facilities available to students living in university and to create network opportunities for all.

Clusters promotes community building, offer a wider support structure and allow for collaboration and innovation to take place. They provide platforms that enable holistic development, networking opportunities, foster belonging, promote active citizenship and integrate and bridge gaps between different members of society through engagement.



Wimbledon Cluster Information

The Wimbledon Cluster consists of six communities that are all situated in the area surrounding the Wimbledon Hub. These include:

[Aristea](#) | [Vesta](#) | [Eendrag](#) | [Helshoogte](#) | [Sonop](#) | [Irene](#)

During Welcoming, you will have the opportunity to meet fellow students in the cluster and make friends outside of your community (residence or CSC). Cluster Interaction and Cluster Day during Welcoming is your first opportunity to engage with communities in Wimbledon. It is really something to look forward to!

Wimbledon Cluster Information

In addition to being part of such a vibrant and spirited cluster, you have the added option of booking meals at the residences with open dining halls that form part of the Wimbledon Cluster, especially at the monthly "First Wednesday" lunch. The Wimbledon Hub also sells food and has a quiet space for studying.

During welcoming you will meet the Wimbledon Cluster Conveners, Carina Steytler and Corne Prinsloo, are responsible for creating a platform for engagement and connection.

Meet Wimby!



The cluster experience provides you with the opportunity to network and form academic and social contacts. The cluster has events during the year, where you can look forward to opportunities for personal growth and meeting new people. Cluster events are very special and exciting for new maties.



Please follow us on Instagram
@wimbledoncluster

A word from your cluster convenors

Congratulations on embarking on this incredible journey at our university! We want to extend a warm welcome, not only to Stellenbosch and your respective student communities, but your greater Wimbledon Cluster!



We're overjoyed to welcome you to the place we proudly call our second home - a space where we're working tirelessly to make sure you feel like you've found your second home too

University is a place of growth, discovery, and transformation. It's a time to embrace change, and challenge yourself. As you navigate through the streets of Stellenbosch, remember that it's okay to feel a mix of excitement and nervousness. You are not alone—everyone around you is on a similar journey.

Embrace the change that comes with university life. This is a unique opportunity to expand your horizons, both academically and personally. Step out of your comfort zone, join committees, attend events, and meet new people. The diversity of experiences and perspectives on campus is vast, and it's in these interactions that you'll discover new passions and forge lasting connections.

Now, you may be trying to digest all of this new information being thrown your direction. Let's break down what our Cluster is... Wimbledon is our bridge between our 6 student communities, namely: Aristeia, Vesta, Sonop, Irene, Eendrag, and Helshoogte. Wimbledon offers you a host of events, clubs, sports, personal and professional development opportunities and social events to ensure you are exposed to students from different communities. Cluster also offers you the Wimbledon Hub, conveniently located at the epicenter of our communities - it is a place to study, meet up with friends, grab food, and relax.

Cluster will be introduced to you during welcoming, and we are so excited to call you a WimbleWinner!

We can't wait to witness the incredible impact you'll make.
Best wishes for a fantastic journey ahead.

We cannot wait to meet you!
Carina and Corne