

INFORMASIE TECHNOLOGIE

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PASSWORD SYNCHRONISATION GIVING YOU A HEADACHE?

Every 90 days you receive an email from helpinfo@sun.ac.za asking you nicely to change your password. We all know that, although it's a bit of a nuisance, it's also necessary for security reasons. But is there a way to simplify the process?

In 2007 Microsoft Research conducted a study and found that the average user has 6.5 internet passwords, each person has approximately 25 accounts with passwords and has to enter 8 passwords per day. And this was in 2007 - imagine what the statistics will look like 5 years later.

If you use more than one device, password changes can become a nightmare. But there are a few steps you can follow to make sure it goes a bit smoother.

Switch off all your devices except for one, for example your laptop.

Sign on at <http://www.sun.ac.za/useradm>, select the Change Password option and select a new password according to the guidelines supplied on the website. Log out of the network with the Logout option given on <http://www.sun.ac.za/useradm>. Log onto the network with your new password. Make sure you can access all your network applications - email, internet and networkspace. Switch on all the other devices and type in your new password.

Remember, you can change your password any time at <http://www.sun.ac.za/useradm> with the Change Password option. Try to stick to the guidelines to ensure you have a secure password - it will save you a lot of effort and frustration in the long run. If you've forgotten your password, you can also reset it by browsing to [staff portal](#).

More information and hints on password changes can be found at <https://stbsp01.stb.sun.ac.za/innov/it-help/Wiki%20Pages/Change%20password.aspx>

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