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WHAT DID YOU STUDY? PhD in Food Science (Field of specialisation
Postharvest Technology)



MY STORY

WHY DID YOU CHOOSE THIS CAREER PATH?

Had interest and passion for food science and technology research.

WHAT DO YOU DO?

Spearhead the development of Nutrition and Dietetics department in the university

What part of this career do you personally find most satisfying?

What do you enjoy most?

Innovation research and development in nutrition and food science, and/or Postharvest Technology.

What is the future of the field in terms of new and expanding opportunities?

The future is very bright, the reason being that, there is a growing need by consumers to eat healthier foods, with both nutritional and functional value. Thus, food science, particularly, postharvest technology stands out to be a solution to addressing the issue of food and nutrition systems which to a large extent will provide the much needed nutraceutical.

What challenges did you have to overcome to be where you are today?

Human resource challenges. I lost a job two years before completion of my studies, thus faced financial challenges, but thanks to my supervisor (Prof. UL Opara) for outsourcing a scholarship that enabled me to complete my studies.

What particular skills, talents and qualities are essential to be effective in your position / career?

Strong leadership skills, team building, curriculum development skills, needs assessment skills and ability to develop collaboration with local and international professionals.

What type of person / personality would enjoy this kind of career?

Not restrictive, but the person should have a passion for research.

What advice would you offer learners who are interested in pursuing this career?

Never lose the focus, there is a solution to every challenge; the words of the Vice Chancellor in 2017, graduation ceremony, I quote, "You only see hurdles when you lose the focus".

MY HIGHLIGHTS

1. Become a self-driven professional with ability to manage small-, medium- and large-scaled projects, including budgeting and administration.
2. Technical leadership in research with a focus on high impact nutrition interventions,.
3. Strong leadership skills, team building, and enhancing collaboration with local and international professionals.