



Focusing on family strengthening in the time of COVID-19

Presented by Danielle Moosajie

STRENGTHEN FAMILIES; STRENGTHEN COMMUNITIES



Danielle Moosajie
Senior Social Worker
Executive Director

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We believe that every child is created by God to be in a thriving family.



Family Strengthening Services



Adoption Support Services



Training and Consultation Services



Why we focus on Family Strengthening:

Parenting and families play a large role in the health, well-being and resiliency of children and youth (Barankin & Khanlou, 2007).

Parents and caregivers can promote resiliency in this population in several ways such as through providing stability in the home, setting firm limits and being emotionally available.

Family influences that are positive and contribute to a young person's self-esteem and social development have a protective effect and may help to mitigate the risk factors that can lead to mental health concerns and unhealthy behaviours among children and youth (Craig & McCuaig Edge, 2008).





Resilience

Attachment

Family Preservation





How is Covid-19 affecting children and families on the Cape Flats

Child Protection
Gender-Based Violence
School
Food insecurity





How are we adapting in the time of Covid-19:





Strengthen Families, Strengthen Communities





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