

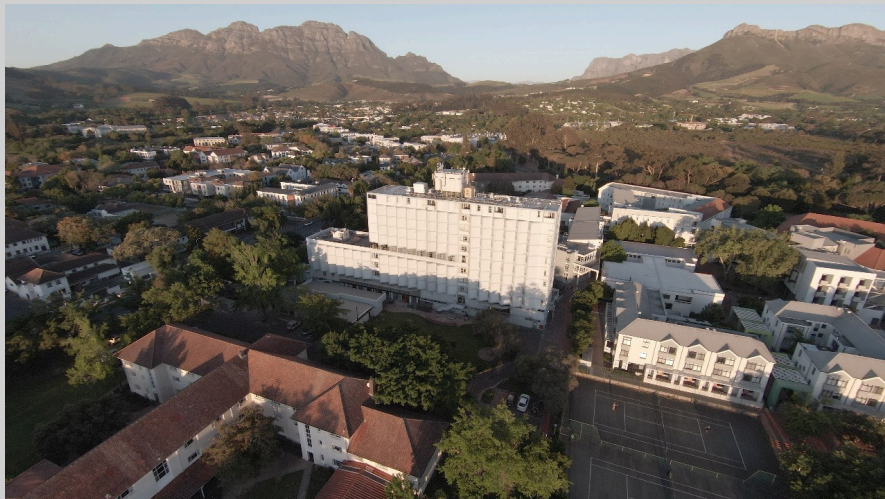
HELLIES

GUIDE TO STELLIES



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INTRODUCTION

Welcome to the Hellies Guide to Stellies!

As you begin this new journey in Stellenbosch, it seems just right that you have a helping hand to become familiar with the town.

Each Helshoogter has learnt a few things since they first arrived. For some it was finding the best ice cream shop, whilst for others it was finding the most productive study spots.



This guide may not have everything Stellenbosch has to offer, but hopefully it can help you find a few things that you are looking for! If it does not have the answer, make sure to ask a fellow Helshoogter over the next meal in the dining hall. You will be surprised how much they might know!

As you are finding your feet in Stellenbosch, don't be overwhelmed by the shaky scooters, travelling tourists and scurrying squirrels. Before you know it they'll become your new normal. In the meantime, enjoy each new experience that Stellenbosch has to offer.

Dis al. 🐔

TAKING CARE OF ACADEMICS

Despite all the Stellies shenanigans that can take up a lot of time, some wise words should remain with you throughout your studies. It goes as follows: "Remember to take care of your academics before your academics take care of you." Bearing that in mind, here are some tips to start off on the right foot.

TEXTBOOKS



There is no need to stress about rushing to find textbooks upon arrival during Welcoming. You will be informed about which textbooks are prescribed in the first week of classes. It is a great idea to find a second year studying your degree to ask about textbooks and their experiences last year. Once you know what you need, consider the following options to acquire textbooks:

1. Second-hand directly from other students
2. Stellenbooks (a mobile app)
3. Van Schaik Bookstore in the Neelsie

STUDY SPOTS

Various places are available on campus where you can work and study. Make sure to try a few of them and find what works for you best. These are three of the most popular:

1. Jan Mouton ("The JM") - located outside the Neelsie
2. Library ("The Bib") - located below the Rooiplein
3. Study Centre ("The SS") - located over the Merriman Bridge next to the JC Smuts Building



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STAYING HAPPY AND HEALTHY

For some it may be about stock-piling two-minute noodles for a late-night feast. For others, there is an urgent need to find your nearest pharmacy when everyone is sick. Nevertheless, it helps to know where you can go to find your nearest grocery stores and pharmacies.



GROCERY STORES

- (A)** Simonsrust Centre
~ Helshoogte Spar
- (B)** The Neelsie
~ Kwikspar
- (C)** Eikestad Mall
~ Checkers
~ Game
~ OK Foods



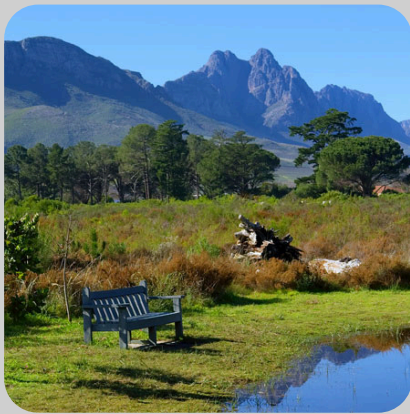
PHARMACIES

- (A)** Simonsrust Centre
~ Local Choice Pharmacy
- (B)** The Neelsie
~ Local Choice Pharmacy
- (C)** Eikestad Mall
~ Clicks
~ Dis-Chem



NOTEWORTHY SPOTS

There are some places that everyone should find out about when becoming part of Stellenbosch. Plenty are still out there for you to discover for yourself, but this is a little heads up about a few favourites that are within walking distance from Helshoogte.



OUT AND ABOUT

Whether you are looking for a break from campus or scouting for a potential date spot, look no further than the following:

- Eerste River Pathways
- Ertjieskloof Dam
- Jan Marais Nature Reserve
- Stellenbosch Botanical Gardens
- Uniepark

COFFEE SHOPS

Stellenbosch has many options for coffee (or other beverage of your choice if you are still avoiding a caffeine addiction):

- Bootleggers Coffee Company
- DCM Inc. (Neelsie)
- Java Café
- MyBrew Coffee (Neelsie)
- Xpresso Café (Eikestad Mall)



ICE CREAM SPOTS

On any day when temperatures become unbearable, these are your go-to places to get your ice cream fix:

- Crumbs and Cream (Neelsie)
- De Vrije Burger
- Kristen's Kick-Ass Ice Cream
- Moro Gelato
- Swirl'n

THE RUNNING RAVE

The running craze reached new heights in Stellenbosch in 2025. Come sunshine or rain, you are bound to lose count of how many runners come flying past you on a daily basis. With that boom, a few social running clubs have also emerged. These are a few of the most popular, think about getting a group from Hellies and seeing what it is all about!



STELLENBOSCH COFFEE RUN

When: Wednesdays @ 17:30
Where: Meet at Montreal Coffee
Distance: 5km



STELLIES SHAKEOUT

When: Thursdays @ 18:00
Where: Meet at Coetzenburg Parking Lot
Distances: 5km; 6km; 8km; 10km



VERSUS RUN CREW

When: Fridays @ 06:30
Where: Meet at Versus Store
Distance: 5km



BURNT RUN CREW STELLENBOSCH

When: Saturdays @ 07:00
Where: Meet at Burnt Store
Distance: 5km



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